**Sunday School from Home**

**January 31, 2021**

This week our focus is on Jesus’ description of the Kingdom of God: comparing it to a mustard seed and yeast for bread.

* Read the passage: Luke 13:18-21
* Ask your children:
* What are some other things that grow from something small to something bigger like the mustard seed?
* What are some things that grow and change into something else like the yeast?
* Why do you think Jesus compares God’s kingdom to the mustard seed and the yeast?
* What else might you compare God’s kingdom to?
* Pull out any seeds you have around the house, or look up pictures of seeds online. Try to find a variety of sizes and shapes. Talk about how the seeds will all grow into different kinds of plants if given the proper nourishment of soil, water, and sunlight. Ask your children what spiritual nourishment people need to grow in God’s kingdom.
* Find some simple seed planting activities to do with your children [HERE](https://littlebinsforlittlehands.com/easy-seed-experiments-kids/), including flower seed bombs!
* Experiment with yeast and try making bread – a simple recipe can be found [HERE](https://www.tasteofhome.com/recipes/basic-homemade-bread/). Make sure you point out how the yeast is an essential ingredient. Although you don’t need much, without the yeast the bread will not rise.
* Explore yeast a little deeper with [THIS](https://www.playdoughtoplato.com/the-science-of-yeast/) simple science experiment.
* Try experimenting with expanding paint (see attachment)! You can find inexpensive squeeze bottles at the dollar store, or reuse bottles from ketchup and salad dressing. As your children create, point out that God’s Kingdom also expands: it requires people working together.
* Make the Community Salad (see attachment for recipe) or a similar salad. Point out that just like the salad has many different ingredients, God’s kingdom requires many different people working together in order to grow. Before you eat the salad, pray together for all of God’s people.
* Some books that may support your discussions:
* The Amida Tree
* A Bus Called Heaven
* The Giving Tree (see read aloud video [HERE](https://www.youtube.com/watch?v=lpn8Ern2MBs))
* The Marvelous Mustard Seed
* Use as many of the attachments as are helpful for you